

## Lansing Area **FREE** Breastfeeding Help

### **East Lansing La Leche League** [lalecheeastlansing.com](http://lalecheeastlansing.com)

**Meetings** 1<sup>st</sup> Thursday 6:30 pm, First Christian Church, 1001 Chester Road, Lansing, just west of Frandor  
3<sup>rd</sup> Thursday 6:30 pm, Willow Tree Family Center 3333 S Pennsylvania Ave #101, Lansing, MI 48910

#### **Group Leaders**

Laura [laura@ericsprojects.com](mailto:laura@ericsprojects.com)  
Jodi (517) 648-0432  
Lindsey (586) 801-3763 [lindseylaforte@gmail.com](mailto:lindseylaforte@gmail.com)

### **Delta Waverly La Leche League** [laldeltawaverly.weebly.com](http://laldeltawaverly.weebly.com)

**Meetings** 1<sup>st</sup> Tuesday 6:30 pm, McLaren Lansing 401 West Greenlawn Avenue, Lansing, MI 48910  
2<sup>nd</sup> and 4<sup>th</sup> Wednesday 10 am and 3<sup>rd</sup> Tuesday 6:30 pm, Delta Presbyterian Church, 6100 W. Michigan Ave., Lansing MI

#### **Group Leaders**

Mary Ann Collins Martin (517) 321-1818 [rt\\_marti@sprynet.com](mailto:rt_marti@sprynet.com)  
Alexia Mansour (248) 766-6988 [aliwayout@yahoo.com](mailto:aliwayout@yahoo.com)  
Jessi Thomas (989) 598-4404 [JDelliBovi827@aol.com](mailto:JDelliBovi827@aol.com)  
Kele (517)388-5154 [Charmdesign@gmail.com](mailto:Charmdesign@gmail.com)

**WIC Breastfeeding Help Line** Leave a message 24/7. A Breastfeeding Peer Counselor will return your call. (517) 887-4543  
**Ingham County Health Department** Public Health Nurse home visits for breastfeeding support. Medicaid-eligible clients (517) 887-4322

**Capital Area Baby Café** Drop in breastfeeding support, Wednesdays 10 am-12 pm, Pennway Church of God 1101 E. Cavanaugh, Lansing, MI 48910. Call EPO for more info (517) 337-7365  
[Facebook.com/capitalareababycafe](https://www.facebook.com/capitalareababycafe)

**Black Breastfeeding Sisterhood** FREE mother-led breastfeeding support group, 1<sup>st</sup> and 3<sup>rd</sup> Mondays, 5 pm– 7pm, Willow Tree Family Center 3333 South Penn. Lansing, MI, park in the back (586) 806-9832 or (313) 948-2261

**Breastfeeding in East Lansing Facebook Support** Search on Facebook for “Breastfeeding in East Lansing” to find and request to join

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