



Breastfeeding Resource Guide 1-30-2019

For use by health care providers, mothers and others. If you know of a resource that should be added please contact Ann Siegle at annsiegleg@gmail.com. For more, go to www.mibreastfedbaby.com

FREE Breastfeeding Support:

Black Breastfeeding Sisterhood Mother-led breastfeeding support group

Meetings 2nd and 4th Thursdays, 5:30 -7 pm, Willow Tree Family Center 3333 S. Pennsylvania, Lansing, Park in the back (586) 806-9832 or (313) 948-2261

Breastfeeding Group Meet other breastfeeding moms and discuss concerns, find support, share experiences.

Meetings Drop-In Tuesdays 12 noon- 1 pm Sparrow Professional Building, Conference Rm. A (2nd floor)
Groups are facilitated by clinicians with breastfeeding certification

Capital Area Baby Café: Drop in breastfeeding support.

Meetings Wednesdays 10 am-12 pm, Pennway Church of God 1101 E. Cavanaugh, Lansing, MI 48910.
Call EPO for more info: (517) 337-7365 [Facebook.com/capitalareababycafe](https://www.facebook.com/capitalareababycafe)

Delta Waverly La Leche League Breastfeeding information and encouragement from accredited La Leche Leaders and other mothers. www.facebook.com/deltawaverlylalecheleague, www.lldeltawaverly.weebly.com

Meetings 2nd and 4th Wednesdays 10 am, and 3rd Tuesdays 6:30 pm, Delta Presbyterian Church (lower level) 6100 W. Michigan Ave., Lansing MI 48917

Group Leaders

Mary Ann (h) 517-321-1818 (c) 517-230-1503 mamartin@sprynet.com

Alexia 248-766-6988 alexiamansour@gmail.com

Jessi 989-598-4404 JDelliBovi827@aol.com

Kélé lldeltawaverly@gmail.com

East Lansing La Leche League: <http://lalecheeastlansing.com/>

Meetings 1st Thursdays at 6:30 pm, First Christian Church, 1001 Chester Road, Lansing
3rd Thursdays at 6:30 pm Willow Tree Family Center 3333 S. Pennsylvania Ave #101, Lansing, MI 48910

Virtual Meetings 4th Thursday at 9:00 p.m. Join meetings here:

<https://www.facebook.com/lalecheeastlansing/posts/494768520707887>

Breastfeeding in East Lansing Facebook Support Group:

Search Facebook for "Breastfeeding in East Lansing to find and request to join.

<https://www.facebook.com/groups/98260684987/>

WIC Breastfeeding Help Line Leave a message 24/7. A Breastfeeding Peer Counselor will return your call. (517) 887-4543.

Ingham County Health Department Public Health Nurse home visits for breastfeeding support. Medicaid-eligible clients (517) 887-4322.

Black Breastfeeding Moms of Michigan: <https://www.facebook.com/groups/276094752544551/>

Ingham County WIC Program – 517-887-4326

Eaton County WIC Program - 517-541-2630; WIC Breastfeeding Peer Counselor - 517-541-2650

Mid-Michigan District Health Department (Clinton County) WIC Program - 989-224-2195

Shiawassee County Health Department WIC Program - 989-743-2383 or 800-859-4229

Lactation Consultants – Hospital-based

McLaren Greater Lansing--517 975-7330 Deb Kline, RN

Sparrow Lactation Support Services (at Sparrow Only) – 517-364-2652

Tammy Ashley, RN, MSN, CFNP, IBCLC

Maureen Dillon, RN, IBCLC

Patricia Lutz, RN, IBCLC

Kathy Malone, LBSW, RN, IBCLC

Kristin Caverly BSN, RN, IBCLC -- 517-364-2844

Karen Twyman, RN, MS, MSW, IBCLC

Lactation Consultants-- Fee-for-Service

Tina Brenner, RN, BSN, IBCLC – 517-282-4399; 517-282-4399 <http://www.babysteps lactation.com/>

Linda Gewirtz, RN, IBCLC, Say Yes to Breast, 989-415-9991

Bosom Buddies: Kathy Malone, LBSW, RN, IBCLC -- 810-229-3328 Livingston County

Abbie Mullins, IBCLC, LCCE, CLC, BSN, RNC-MNN 773-870-2899 info@abbiemullins.com

www.abbiemullins.com

Laura Spitzfaden, IBCLC - laura@ericsprojects.com Bills insurance. <http://feedthebabyllc.com>

Breastfeeding Clinic: Sparrow Out Patient Breastfeeding Clinic is located in the Sparrow Professional Building, opposite the main hospital. A doctor and lactation consultant team help moms and babies that are having problems with breastfeeding. Appointments are made by referral from the mother's or the baby's primary healthcare provider.

Drop-In Breastfeeding Clinic held Mondays and Thursdays from 10 a.m. – 1 p.m. at Next Generation Lactation Service located at 3333 S. Pennsylvania, Suite 101, Lansing, MI lower level. A Certified Nurse-Midwife and Lactation Counselors are available to help with breastfeeding problems. We will bill your insurance. (517) 574-0802 <http://lactationservice.com>

Other Resources

Willow Tree Family Center, 3333 S. Pennsylvania Ave., Suite 101, Lansing, MI

48910 www.willowtreefamily.com 586-806-WTFC

For more, go to www.mibreastfedbaby.com and the [Capital Area Breastfeeding Coalition](#) Facebook page.